

ActivHeal® PHMB Adhesive Border Foam Dressing

EN INSTRUCTIONS FOR USE

Product Description

ActivHeal® PHMB Adhesive Border Foam Dressing is a sterile antimicrobial wound dressing, consisting of a hydrophilic polyurethane foam, which is designed to absorb exudate. This is laminated to a pink, low friction, waterproof polyurethane -film which provides a bacterial barrier to the wound. The wound contact layer side of the dressing has a clear perforated -film with a pressure sensitive acrylic adhesive, which protects the wound bed from adhering to the dressing by preventing the formation of granulation tissue into the pores of the foam, thus reducing trauma on dressing removal. The perforations in the wound contact layer allow the uptake of exudate and prevent excess fluid causing maceration to healthy skin.

ActivHeal® PHMB Adhesive Border Foam Dressing contains the antimicrobial substance polyhexamethylene biguanide (PHMB, polihexanide), which kills and inhibits the growth of bacteria.

The PHMB released in the presence of wound exudate is an effective antimicrobial agent against a broad spectrum of microorganisms frequently associated with the bacterial colonisation and infection of wounds, for up to seven (7) days, based on in-vitro testing.

Not made with natural rubber latex.

Indications

ActivHeal® PHMB Adhesive Border Foam Dressing is indicated for moderate to heavily exuding chronic and acute wounds that are at risk of infection. The dressings may be used during the healing process on pressure ulcers, leg and foot ulcers, diabetic ulcers, and surgical wounds.

ActivHeal® PHMB Adhesive Border Foam Dressing is suitable for use under compression bandaging.

Contra-Indications

ActivHeal® PHMB Adhesive Border Foam Dressing is not indicated for use on the following:-

- Dry or lightly exuding wounds
- Individual with a known sensitivity to polyurethane-films, foams or PHMB
- Not for surgical implantation

Precautions

- Do not use with oxidising solutions such as hypochlorite or hydrogen peroxide, as these can break down the absorbent polyurethane component of the dressing and can also break down the PHMB.
- In the event of clinical infection, PHMB does not replace the need for systemic therapy or other adequate infection treatment, consult the relevant healthcare professional.
- Do not re-use in whole or in part, as it may compromise sterility and/or the performance of the dressing.
- ActivHeal® PHMB Adhesive Border Foam Dressing must not be ingested and must be kept away from children and animals.
- For use under the guidance of a healthcare professional.

Directions for Use

Site Preparation and Dressing Application

1. If necessary cleanse the wound area with a suitable cleansing solution, e.g. sterile saline solution. Dry the surrounding areas of the wound thoroughly before dressing application.
2. If applicable, apply a cavity wound dressing according to the directions for use for that dressing.
3. Select a size of ActivHeal® PHMB Adhesive Border Foam Dressing where the foam pad is slightly larger than the wound.
4. The foam pad size should be such that it extends well beyond the open wound (at least 2cm) in all directions.
5. Remove the release liners from the wound dressing, avoid touching the central part of the dressing that will be placed directly onto the wound.
6. Centre the dressing on the wound, ensuring the pink side is facing away from the wound and apply it gently to the wound site. Press the dressing on the surrounding skin by gentle application of pressure.

Dressing Change and Removal

1. ActivHeal® PHMB Adhesive Border Foam Dressing can remain in-situ up to 7 days, dependent on wound condition and the level of exudate. Initially, it may be necessary to change the dressing every 24 hours or whenever good wound care practice dictates.
2. Gently remove the dressing from the wound bed and dispose of according to local procedures and guidelines.
3. If required, cleanse the wound site with a suitable wound cleanser prior to application of a new dressing.

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WOUNDS
