

ActivHeal® Non-Adhesive PHMB Foam Dressing

EN INSTRUCTIONS FOR USE

Product Description

ActivHeal® Non-Adhesive PHMB Foam Dressing is a sterile antimicrobial wound dressing, consisting of a hydrophilic polyurethane foam which is designed to absorb exudate. This is laminated to a pink, low friction, waterproof polyurethane film which provides a bacterial barrier to the wound. The wound contact layer side of the dressing has a clear perforated film which protects the wound bed from adhering to the dressing by preventing the formation of granulation tissue into the pores of the foam, thus reducing trauma on dressing removal. The perforations in the wound contact layer allow the uptake of exudate and prevent excess fluid causing maceration to healthy skin.

ActivHeal® Non-Adhesive PHMB Foam Dressing contains the antimicrobial substance polyhexamethylene biguanide (PHMB, polihexanide), which kills and inhibits the growth of bacteria. The PHMB released in the presence of wound exudates is an effective antimicrobial agent against a broad spectrum of microorganisms frequently associated with the bacterial colonisation and infection of wounds, for up to seven (7) days, based on in-vitro testing.

Not made with natural rubber latex.

Indications

ActivHeal® Non-Adhesive PHMB Foam Dressing is indicated for moderate to heavily exuding chronic and acute wounds that are infected or are at risk of infection. The dressings may be used during the healing process on pressure ulcers, leg and foot ulcers, diabetic ulcers, and surgical wounds.

ActivHeal® Non-Adhesive PHMB Foam Dressing is suitable for use under compression bandaging.

Contra-indications

ActivHeal® Non-Adhesive PHMB Foam Dressings are not indicated for use on the following:-

- Dry or lightly exuding wounds
- Individuals with a known sensitivity to polyurethane films, foams or PHMB
- Not for surgical implantation

Precautions

- Do not use with oxidising solutions such as hypochlorite or hydrogen peroxide, as these can break down the absorbent polyurethane component of the dressing and can also break down the PHMB.
- In the event of clinical infection, PHMB does not replace the need for systemic therapy or other adequate infection treatment, consult the relevant healthcare professional.
- Do not re-use in whole or in part, as it may compromise sterility and/or the performance of the dressing.
- ActivHeal® Non-Adhesive PHMB Foam Dressings must not be ingested and must be kept away from children and animals.
- For use under the guidance of a healthcare professional.

Directions for Use

Site Preparation and Dressing Application

1. If necessary cleanse the wound area with a suitable cleansing solution, e.g. sterile saline solution. Dry the surrounding areas of the wound thoroughly before dressing application.
2. If applicable, apply a cavity wound dressing according to the directions for use for that dressing.
3. Select a size of ActivHeal® Non-Adhesive PHMB Foam Dressing that extends beyond the wound (at least 2cm) in all directions.
4. If necessary, the dressing can be cut (using sterile scissors) to the wound site.
5. Centre the dressing on the wound, ensuring the pink side is facing away from the wound and apply it gently to the wound site.
6. Fix the dressing in place with a suitable tape to ensure the dressing remains in position. Ensure the tape is applied to the edges only and does not cover the dressing as this may affect its performance. Alternatively, if being used under compression bandaging, tape is not required as the bandaging will hold the dressing in situ.
7. Discard any remaining dressing material, according to local procedures and guidelines, due to the risk of contamination.

Dressing Change and Removal

1. ActivHeal® Non-Adhesive PHMB Foam Dressing can remain in-situ up to 7 days, dependent on patient condition and the level of exudate. Initially, it may be necessary to change the dressing every 24 hours or whenever good wound care practice dictates.

2. Gently remove the dressing from the wound bed and dispose of according to local procedures and guidelines.
3. If required, cleanse the wound site with a suitable wound cleanser prior to application of a new dressing.

INDICATED FOR MODERATE TO HEAVILY EXUDING
WOUND