

## **ActivHeal® Silicone Adhesive Foam Lite Non-Border Dressing**

### **EN INSTRUCTIONS FOR USE**

#### **Product Description**

ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing is a sterile wound dressing that is soft, thin and discreet and conformable to anatomical contours. The dressing is breathable and manages non to low exuding wounds. The dressing is easy to remove and provides a gentle but secure adhesion to skin with minimal epidermal stripping and pain during removal.

ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing has a trilaminate structure consisting of a hydrophilic, absorbent, polyurethane central foam layer, and a breathable, low friction, polyurethane film outer layer, which provides a waterproof and bacterial barrier.

The wound contact layer is a silicone adhesive coated perforated film.

ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing manages exudate in non to low exuding wounds and provides a moist wound environment which aids the wound healing process. The dressing helps to minimise maceration and damage to the surrounding skin.

The perforated silicone wound contact layer aids atraumatic removal, enables exudate uptake, and prevents ingress of granulation tissue into the dressing.

ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing can be repositioned during application or lifted during wear time for observation.

Not made with natural rubber latex.

#### **Indications**

ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing is indicated for use in the management of non to low exuding, chronic and acute wounds throughout the healing process. The dressing is indicated for use on the following wounds:

- Pressure ulcers
- Diabetic ulcers
- Venous and arterial leg ulcers (including foot ulcers)
- Post-operative surgical wounds
- Trauma wounds (including lacerations, abrasions, skin tears and blisters)
- Superficial and partial thickness burns
- Radiation damaged skin

The dressing can be used on fragile skin and is suitable for use under compression bandaging.

#### **Contraindications**

- Do not use on individuals with a known sensitivity to polyurethane films, foams or silicone.
- Do not use with oxidising solutions such as hypochlorite or hydrogen peroxide, as these can break down the absorbent polyurethane component of the dressing.
- Not for surgical implantation.

#### **Precautions**

- Do not use ActivHeal® Silicone Adhesive Foam Lite Non-border Dressing on full thickness burns.
- Do not re-use in whole or in part, as it may compromise sterility and/or the performance of the dressing.
- ActivHeal® Silicone Adhesive Foam Lite Non-border

Dressing must not be ingested and must be kept away from children and animals.

- Do not cover with an occlusive dressing as this will impair the dressing fluid handling capacity and affect the dressing's performance.
- For use by or under the guidance of a healthcare professional.

#### **Directions for Use**

##### **Site Preparation and Dressing Application**

1. Debride when necessary and irrigate the wound site in accordance with standard protocols.
2. Dry the area surrounding the wound thoroughly before dressing application.
3. Select a size of ActivHeal® Silicone Adhesive Foam Lite Non-border dressing making sure the foam pad is slightly larger than the wound and extends beyond the wound by at least 2 cm in all directions. If necessary the dressing can be cut (using sterile scissors) to the required size.
4. Centre the dressing and apply gently over the wound site (white side to the wound).
5. The dressing can be repositioned during application and lifted during wear time for observation if necessary.

6. Fix the dressing in place with a suitable tape or non-occlusive dressing to ensure the dressing remains in position. Ensure the tape is applied to the edges only and does not cover the dressing as this may affect its performance. Alternatively, if being used under compression bandaging, tape is not required as the bandaging will hold the dressing in place.
7. Discard any remaining dressing material, according to local procedures and guidelines, due to the risk of contamination.

#### **Dressing Change and Removal**

1. The dressing may remain in-situ for up to 7 days.  
Dressing change frequency will depend on patient condition and level of exudate and it may be necessary to change the dressing more frequently.
  2. Change the dressing when it has reached its absorbent capacity or whenever good wound care practice dictates.
  3. To remove the dressing, lift one corner of the dressing and slowly peel back until completely removed from the wound bed.
  4. Dispose of the used dressing according to local procedures and guidelines.
  5. If required, irrigate the wound site with a suitable cleanser prior to application of a new dressing.
- INDICATED FOR NON TO LOW EXUDING WOUNDS-